## Doula Medicaid Implementation Efforts in Nevada

Joyce Abeng, MPH rabeng@unr.edu







#### Nevada's 2020-2021 MMRC Report

- Nevada's maternal mortality rate from 2018-2020 was 19.2 per 100,000 live births
- Higher than the Healthy People 2030 objective of 15.7 per 100,000 live births
- In 2018, the mortality rate for Black, non-Hispanic Nevadans were 80.7, non-Hispanic Nevadans were 18.7, and Hispanic Nevadans were 15.4

Maternal Mortality and Severe Maternal Morbidity Nevada, 2020-2021

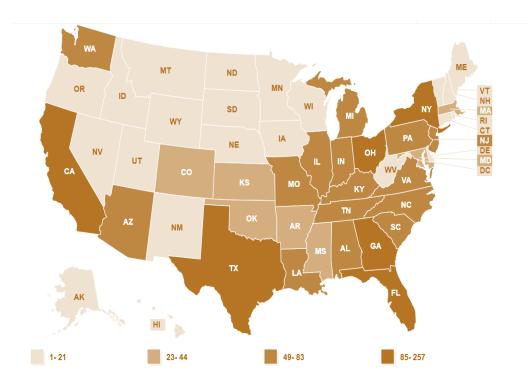
December 2022



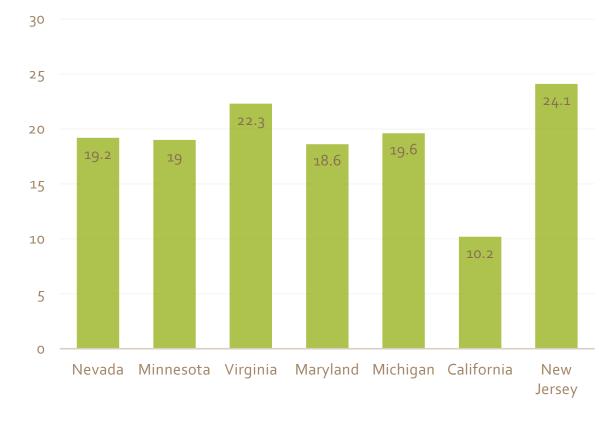
Office of Analytics and Maternal, Child, and Adolescent Health Section, Division of Public and Behavioral Health

Department of Health and Human Services

## Maternal Mortality Rates by state



#### Maternal Mortality rates per 100,000 live births from 2018-2020



Source: Kaiser Family Foundation

# C-sections vs Vaginal Delivery Cost

• According to estimates, in Nevada, cesarean births cost \$3,000-\$5,000, more than vaginal deliveries



## **Cochrane Review**

- In the 2017 Cochrane review, there were 27 randomized, controlled trials that studied the effects of continuous labor support, including doulas
- **39%** decrease in the chance of unplanned c-sections

# National Doula Reimbursement by State

- Washington D.C. : \$683.22 per birth, and \$97 per visit
- Rhode Island: \$900 per birth, and \$100 per visit
- Michigan's: \$700 per birth, and \$75 per visit
- California: \$1,154 reimbursement fee
- New Jersey: \$1,198 reimbursement fee
- Oregon: \$1,500 reimbursement fee



State	Total Medicaid Reimbursement	Number of Visits
Minnesota	\$770	7
Virginia	\$859	10
Maryland	\$930	8
Michigan	\$1,150	6
California	\$1,154	11
New Jersey	\$1,198	10
Rhode Island	\$1,500	5
Oregon	\$1,500	6
D.C.	\$1,950.71	12

#### National Reimbursement rates

National Average \$1,224 for 8 visits

Current NV Reimbursement \$450 for 7 visits

Proposed NV Reimbursement \$1,500 for 7 visits

# Doula Impacts Beyond the Hospital

- Impact the ongoing cost to families with longer recovery times postsurgery
- Decrease Admissions to Neonatal Intensive Care Units (NICU) from preterm births
- Increase lactation rates





