## Doula Medicaid Implementation Efforts in Nevada



## Nevada's 2020-2021 MMRC Report

- Nevada's maternal mortality rate from 2018-2020 was 19.2 per 100,000 live births
- Higher than the Healthy People 2030 objective of 15.7 per 100,000 live births
- In 2018, the mortality rate for Black, non-Hispanic Nevadans were 80.7, non-Hispanic Nevadans were 18.7, and Hispanic Nevadans were 15.4

Maternal Mortality and Severe Maternal Morbidity

Nevada, 2020-2021
December 2022


Office of Analytics and
Maternal, Child, and Adolescent Health Section,
Division of Public and Behavioral Health

## Maternal Mortality Rates by state

Maternal Mortality rates per 100,000 live births from 2018-2020



Source: Kaiser Family Foundation

## C-sections vs Vaginal Delivery Cost

- According to estimates, in Nevada, cesarean births cost \$3,000-\$5,000, more than vaginal deliveries



## Cochrane Review

- In the 2017 Cochrane review, there were 27 randomized, controlled trials that studied the effects of continuous labor support, including doulas
- $39 \%$ decrease in the chance of unplanned c-sections


## National Doula Reimbursement by State

- Washington D.C. : \$683.22 per birth, and $\$ 97$ per visit
- Rhode Island: \$900 per birth, and \$100 per visit
- Michigan's: \$700 per birth, and \$75 per visit
- California: \$1,154 reimbursement fee
- New Jersey: \$1,198 reimbursement fee
- Oregon: $\$ 1,500$ reimbursement fee


| State | Total Medicaid Reimbursement | Number of Visits | National Reimbursement rates |
| :---: | :---: | :---: | :---: |
| Minnesota | \$770 | 7 |  |
| Virginia | \$859 | 10 | National Average |
| Maryland | \$930 | 8 | $\$ 1,224$ for 8 visits |
| Michigan | \$1,150 | 6 |  |
| California | \$1,154 | 11 | Current NV Reimbursement |
| New Jersey | \$1,198 | 10 | \$450 for 7 visits |
| Rhode Island | \$1,500 | 5 | Proposed NV Reimbursement |
| Oregon | \$1,500 | 6 | \$1,500 for 7 visits |
| D.C. | \$1,950.71 | 12 |  |

## Doula Impacts Beyond the Hospital

- Impact the ongoing cost to families with longer recovery times postsurgery
- Decrease Admissions to Neonatal Intensive Care Units (NICU) from preterm births
- Increase lactation rates


